

you+ Conversation Guide

Welcome to your YOU+ Discipleship Conversation! We're so glad to be here with you in order to listen to what God is doing in your life. Our goal is to invite the Holy Spirit to move and draw out what next steps God might be inviting you to take. Let's begin with a simple prayer: ***"Holy Spirit, come now and direct our conversation so that we can listen to your voice and follow whatever direction you're leading us in." Amen.*** Let's begin!

Before the meeting

Complete the YOU+ Devotional that can be found as "Step One" at youplus.info. How was that for you? Have you ever done something like that before?

Conversation Questions

Let's talk about the section of the YOU+ Devotional where you explored the three connections: YOU+ God, YOU+ the church, and YOU+ the world.

1. As you think about your connection to God (YOU+ God), what image, picture, or phrase would you use to describe that relationship? In what ways do you hope your relationship with God would grow?
2. The YOU+ the Church section encourages us to grow in how we relate to and care for our church family, our own family, and others we would consider family. How satisfied are you in each of those circles of relationships?
3. After thinking through the YOU+ the world section, what could it look like for you to bless others, seek justice, and live more generously in this season?
4. If you woke up tomorrow and your YOU+ dream to have flourishing connections with God, the Church and the world came true, what would be different?
5. What next steps could you take toward that future? Have you tried something in the past that was helpful?
6. What obstacles to these next steps might you experience?

Taking the next step

What's the plan you'd like to create, and what goals or steps do you need to take to pursue this dream for your life? Let's create some goals that look forward: three months, six months, and twelve months. We'll then enter them through the link provided in the reminder email or you can visit rock.communitychristian.org/youplus to access your account.

I hope to _____ by the following date _____.

I hope to _____ by the following date _____.

I hope to _____ by the following date _____.

If you are a parent/guardian, what goal(s) would you like to set for your family? How will you accomplish this goal?

Who in your everyday life would be excited or honored to help you achieve this vision? It could be a spouse, friend, small group member, or leader. _____

Now that you've gone through this process, who would you like to guide through this same conversation we've just had? If so, who? (spouse, friend, kids, neighbors, etc). Simply go to "Step four" at youplus.info to find everything you'll need!